

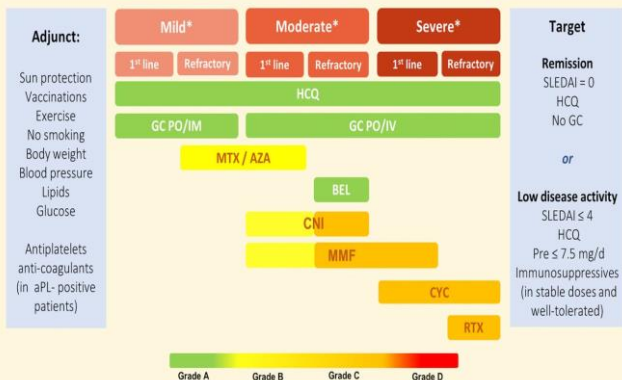
Maculopapular Rash with fever and arthralgia in Primary Care

Dr Feroz Khan , Specialist Family Medicine, Mediclinic Dubai.

Started on NSAID/Topical Steroids/Oral low dose steroids with tapering dose/HCQ after Fundus examination

Subspecialty consultation with Rheumatology /Nephrology are included.

Treatment of non-renal Systemic Lupus Erythematosus



Mild: constitutional symptoms/ mild arthritis/ rash ≤9% BSA/PLTs 50-100 x 10⁹/mm³; SLEDAI≤6; BILAG C or ≤1 BILAG B manifestation

Moderate: RA-like arthritis/ rash 9-18% BSA/cutaneous vasculitis ≤18% BSA, PLTs 20-50x10³/mm³/serositis; SLEDAI 7-12; ≥2 BILAG B manifestations

Severe: major organ threatening disease (nephritis, cerebritis, myelitis, pneumonitis, mesenteric vasculitis; thrombocytopenia with platelets <20x10³/mm³; TTP-like disease or acute hemophagocytic syndrome; SLEDAI-12; ≥1 BILAG A manifestations